



YOUR FREE TICKET TO A SHARPER MIND

FREE CLASSES
FOR ACTIVE OLDER ADULTS

Ethnic Dance

with Olivia Yasmin James

Introduction to dances of different cultures and the stories, songs and cultural context that produced them.

Starting Feb. 9th for 8 Tuesdays, 3:00-4:00pm

Belle Cooleage Community Center
5699 S. Land Park Dr.

PRE-REGISTRATION ENCOURAGED. DROP-INS WELCOME!

**For more information contact (916) 808-1590 or
www.sacmetroarts.org/other-programs-and-resources.html**

Brought to you by the Sacramento Metropolitan Arts Commission and Sacramento Department of Parks & Recreation, Older Adult Services Section